



Ball, Tall and Wall - Gymnastics Knowledge Organiser - Coleman Primary School (Year 2 Summer 1)

In Year One you were...

- Copying and exploring basic gymnastic actions with some control and co-ordination
- Selecting and linking basic gymnastic actions together
- Watching and discussing my own and others work

You will learn

- To know how to show a variety of ball shape actions on the floor involving low/small apparatus
- To know how to show ball, tall and wall shape actions covering different levels on the floor involving apparatus
- To know how to create a movement phrase linking ball, tall and wall shapes covering different levels on the floor and involving apparatus

Vocabulary

Leader	The person who leads a group
Apparatus	A piece of equipment that you can perform gymnastics on
Control	Performing movements
Levels	Performing at different heights
Sequence	A set of movements in an order

Ball Shapes

Small, round, curved and curled

Sitting tuck



twinkl.com

Tall Shapes

Stretched, arms reached towards the ceiling, standing on tiptoes



Travel

Moving in different ways from 1 place to another



High Apparatus



Low Apparatus



Wall Shapes

Stretched as wide as possible. Legs and arms stretched out.

In Year Two you will.....

- Copy , remember, explore and repeat a variety of basic gymnastic actions with control and co-ordination
- Select and link basic gymnastic actions into fluent short movement phrase
- Identify and describe the difference between my own work and others