

Coleman Primary School
Physical Education statement

At Coleman Primary School, we believe that a high-quality physical education curriculum inspires all children to understand the importance of, and enjoy physical exercise to support their future health, both physical and emotional.

Our curriculum is focused on wellbeing and we believe that physical education is an important area through which pupils can be supported to become independent, healthy and emotionally resilient learners.

PE, alongside our wider curriculum, equips our pupils with the ability to make choices which promote a healthy body and healthy mind. Through competitive games, our pupils will learn to have respect and tolerance for themselves and others.

We want all our pupils to have access to competitive sport and other physically-demanding activities. We value opportunities that allow all children to compete in sport and other activities in order to build fitness, character and help to embed values such as fairness and respect.

Our learning characteristics of creativity, resilience, being articulate, showing respect and thriving are promoted through our PE curriculum. PE provides our children with understanding that mistakes are learning opportunities and that, with practice and perseverance, they will improve performance.

Our aim is to ensure **all** children enjoy and are engaged in physical education and sport. We aim to develop the children's knowledge, skills and understanding, so that they can perform with increasing confidence and competence in a range of physical activities. We also aim to improve health and well-being, promote active participation, team work and lifelong learning.

We aim to ensure that the children's experience of physical education is positive and motivating and that children's attitudes to a healthy lifestyle are firmly embedded in our curriculum.

We believe that it is important to ensure that children learn vocabulary that is relevant to their physical activity so that they can describe and explain a range of elements within PE and our Knowledge maps and organisers for PE allow this to be done effectively.

Throughout our physical education teaching we intend to:

- Enable all children to develop and explore physical skills with increasing control and co-ordination.
- Encourage all children to work and play with others in a range of group situations.
- Develop the way children perform skills and apply rules and conventions for different activities.

- Show children how to improve the quality and control of their performance.
- Teach children to recognise and describe how their bodies feel during exercise.
- Develop the children's enjoyment of physical activity through creativity and imagination.
- Develop an understanding in children of how to succeed in a range of physical activities and how to evaluate their own success.
- Assess pupils learning, analyse and interpret the results to inform future planning and lessons.

Children at Coleman Primary School receive a broad and balanced PE curriculum regardless of age or ability. Every child accesses the key areas of the PE curriculum through differentiated teaching at an appropriate level through adapted use of space, tasks, equipment and people.

Our involvement with Inspire Together ensures our children have the opportunity to take part in sports inside and outside of school whether that be at a competitive or non-competitive level.

Implementation

Teachers plan PE with a clear progression of skills and knowledge, based on adapting the Cambridgeshire P.E. scheme to ensure that all children access Physical Education at an age appropriate level.

At Coleman Primary School each child receives 1.5 hours of physical activity on a weekly basis which is planned and mapped out to ensure a broad and full range of skills and activities. These sessions are delivered by our class teachers with support for children with mobility needs offered by a support assistant who is timetabled according to children's needs. PE and physical activities can be supported by our sports coach, who is used on a twice weekly basis to support the development of SEND or vulnerable children and to promote attendance. We use the Cambridgeshire PE resources and planning to support our teaching across the school.

Early Years

Pupils within EYFS undertake daily physical exercise within an external play area. Here they have access to trim trail equipment and our large sports field. They also have use of the school hall and small apparatus for structured activities. Cross curricular links enable PE activities to take place during literacy and maths sessions. Balanceability sessions are offered to children through our membership of the Inspire Together programme and include balance bike sessions and development of PE fundamentals.

Key Stage 1

Pupils in KS1 are given a range of opportunities to develop their fundamental movement skills and extend their agility, balance and coordination. They engage in individual, co-operative and team physical activities through games, dance, athletics and gymnastics (including use of floor level apparatus) where they develop their skills of running, throwing and catching, dribbling, kicking and hitting, body control and movement and a positive attitude to a healthy lifestyle.

Key Stage 2

In KS2, pupils continue to apply and develop a broader range of skills in running, jumping, throwing and catching, dribbling, passing and hitting as well as developing greater control over their body and how they create expressive movements and sequences. These skills are incorporated into competitive games, performances using movement patterns and evaluations of their own and others' work. Our pupils work together to reflect on and evaluate their learning to develop their understanding of how to improve in physical activities.

Children in Year 4 attend swimming lessons at the local swimming pool where they are taught to swim competently, confidently over a distance of 25m using a range of strokes. They also learn important water safety skills within these lessons.

Through the Inspire Together programme we are able to provide a range of opportunities for children in KS1 and 2 to take part in inter school competitions where children's successes in sports are celebrated. Inspire Together provides opportunities for pupils of all sporting abilities to participate and develop their confidence and enthusiasm for physical activity, leading to a sustained interest as they move through the different stages of their education and into adulthood.

We engage with the Inspire Together team who provide physical intervention activities, such as Balanceability and sessions based around promoting themes such as Honesty, which are aimed at specifically chosen children in order to develop their level of physical activity and self-esteem. This can be developed into training opportunities for staff who will eventually run sessions independently. Children with disabilities or physical needs are offered the opportunity to take part in the KS2 City Parallel Sports hall Athletics disability competition at Crown Hills Community College. Through the use of hired and in school equipment, they can be offered the chance to take part in activities such as new age curling, boccia, goalball with their peers.

We offer pupils in Year 4 the chance to work with Leicester Tigers rugby club on sessions surrounding keeping healthy and healthy eating, alongside practical activities based around tag rugby, which are expanded upon during Year 6 PE sessions. Leicester Riders basketball club also work with school to deliver basketball sessions, which again are built upon in Year 6 PE units, allowing participation for select groups of Year 5/6 children in a competitive multi-school event run by Inspire Together.

In addition to PE in curriculum time, we strive to provide opportunities for children to access extracurricular physical activity through sporting clubs such as: multi sports, football and dance, which are run by school staff or our Sports Coach. We ensure that SEND and vulnerable pupils are actively encouraged to participate in these activities.

We encourage active playtimes through the use of the Lunchtime Supervisors who provide equipment and activities on our playground and grassy area. Our playground fitness equipment and tyre park are used on a weekly rota to ensure that we are giving children at our school the best possible chance of achieving the recommended 60 minutes of physical activity each day. Our recently added playground markings for basketball, football and general small-sided sports pitches support PE teaching but are also accessible at playtimes.

In an effort to inspire healthy participation and competition, all families at Coleman are assigned to one of House teams which are based around local sports teams. A sports day is held annually on our school field and all children are included in this, participating in an inclusive range of activities. Children from different age groups are able to participate and compete in fun and active events against other house teams which reward participation as well as success. House Points awarded during this event, and for participation in activities throughout the year, result in the award of our House Point trophy and promote healthy engagement with physical activities.

Impact

The PE subject lead carries out monitoring of the subject through:

- Planning scrutiny.
- Discussions with pupils.
- Lesson observations and learning walks.

Evaluative feedback is then provided to the teams in the form of 'strengths' and 'points for development' which are then followed up with further monitoring.

We will measure the impact of our curriculum using the following methods:

- Observing children's outcomes via learning walks or video (where appropriate).
- Interviewing the pupils about their learning (pupil voice) and during subject dives.
- Identifying group and cohort achievement using end of unit assessment grids on Teams.

The Sports Premium funding is monitored through the range of monitoring activities listed above. It is used to provide children with appropriate resources, access to clubs and competitions both in and outside school.

