



**Coleman Primary
School
Year 3 Ball Handling
Skills**

About this Unit—Key concepts

Experience small sided and modified competitive net, striking/fielding and invasion games; use simple tactics; apply simple rules and conventions. Develop into making up small-sided games; playing games in pairs/ small groups.

Curriculum objectives

The aim of this unit is to Improve skill of travel, travel with, receiving, aiming, chasing, dribbling avoiding, dodging attacking, defending, moving in and out of space.

Core task

The aim of the game is to score points by bouncing the ball in a target hoop, or by knocking over a target skittle. Place a hoop or skittle in a target circle. The playing space extends all around this circle, but players are not allowed to enter the circle. Play the game 4v2 and later, 4v3. Both teams can travel with the ball by bouncing it. There is no physical contact.

Key Vocabulary

travel	moving with or without the ball
travel with	moving with the ball (including dribbling)
receiving	catching the ball
aiming	trying to hit a target
dribbling	moving with the ball avoiding opposition players
dodging	moving out of the way of opposition players
defending	trying to stop the opposition from scoring
attacking	invading the opponents area in order to score.

Skills learned prior to this unit.

- I can stop/catch/ strike a ball with control and accuracy
- I can pass a ball to someone else and receive a ball when moving
- I can take part in conditioned games with opponents
- I understand about exercising, being safe and the short term effects of exercise

What you will know

- *To know how to throw and catch a ball well
- *To know how to successfully deliver a bounce pass
- *To know how to control a ball whilst traveling
- *To know how to apply ball handling skills in a game
- *To know how to field well in striking/fielding games

Examples of ball handling skills

