



# Coleman Primary School

## Year 4 Autumn 1 Knowledge Organiser

### PE—Cold Places (Dance)

#### Create and perform movement patterns



For this topic, our **stimulus** will be the theme 'cold places'. We will think about and look at penguins, polar bears, icicles and snowflakes to **compose** our **motifs** and dances.



#### You will learn...

- to create and perform different movement patterns
- to make your own dances with clear beginning/middle/end
- to understand dance elements and compositional ideas

#### Key Vocabulary: Dance

<b>basic actions:</b> there are five basic actions in dance: travel, jump, turn, gesture and stillness	<b>mirroring:</b> dancers reflect their partner's movements exactly
<b>canon:</b> movements are performed by one dancer then repeated by others	<b>motif:</b> a single movement or short movement phrase which reflects the dance idea
<b>compose:</b> to organise movements into dance phrases or whole dances	<b>pathway:</b> movement through space: straight, curved, zigzag
<b>direction:</b> where in space: forwards, backwards, sideways, diagonally	<b>stepping pattern:</b> the pattern of steps to perform a dance movement
<b>dynamics:</b> a description of how movements are carried out: quick, light, heavy, slow	<b>stimulus:</b> a starting point which initiates ideas for movement
<b>level:</b> low, medium or high	<b>unison:</b> all dancers performing at the same time

#### Dance elements and compositional ideas



performing an **action** or **motif** at a low, medium or high **level**



dancing steps or **motifs** at the same time, in **unison**



performing a step or **motif** one after another, or in **canon**



two dancers **mirroring** each other, reflecting movements

#### PE Skills Progression

##### In Year Three you were...

- starting to improvise freely on your own and with a partner
- beginning to translate ideas from a variety of stimuli into movement
- starting to compare, develop and adapt motifs to create longer dances

##### In Year Four you will...

- improvise freely on your own and with a partner
- translate ideas from a variety of stimuli into movement
- compare, develop and adapt motifs to create longer dances