





In EYFS you moved in response to music or rhythms played on an instrument.

In year 1 you will:

- learn simple dance steps and perform them in a controlled manner.
- Choose actions and link them with sounds and music.

Did you know?  
 Dance can develop teamwork and communication skills.

### Key Vocabulary

Dance	To move in rhythm		
Mirror	To move using opposite body parts with a partner (like a reflection in a mirror)		
Lead	To guide someone along a way		
Follow	To come after or behind		
Perform	To carry out a show		
Weather	Rain 	Wind 	Thunder and lightning 