

Coleman Primary School Gwendolen Road. Leicester. LE5 5FS

Headteacher: Mrs K Wade

Thursday 8th November 2023

Dear Families,

We are delighted to announce that Jo Bradley from Learnful will be hosting another parent workshop on 16th November at 6:30pm.

Theme: The Language of Emotions: How do I talk to my child about their thoughts and feelings?

Prioritising the mental health and emotional wellbeing of our children, staff and parents continues to be important. This month, we are sharing a supportive 45-minute free online workshop for parents on how to talk to your child about their thoughts and feelings. Jo Bradley from Learnful will be sharing advice and suggestions on how you can approach communication in a healthy, safe and appropriate way.

When: Thursday 16th November *Time:* 6:30 - 7:15pm *Cost:* Free to Learnful parents and school families with coupon code *Where:* Zoom (link provided when parents book on) *Host:* Jo Bradley

Please register for this free event using the link below. You will need to input the access code COLEMANLF1611

The Language of Emotions: How do I talk to my child about their thoughts and feelings?

There will be a time-limited replay available after the event to those who register their details.

We were really pleased that so many of you joined the previous sessions and hope this one will be helpful.

With best wishes,

Mrs Wade