



Coleman Primary School

Year 4 Spring 1 Knowledge Organiser

PE—Rugby and the Haka (Dance)

Create and perform movement patterns



For this topic, our **stimulus** will be the theme rugby and the Haka. We will think about and look at clips of scrums, line outs, playing rugby and the Haka to **compose** our **motifs** and dances.



You will learn...

- to develop skills of unison, mirroring and contact
- to jump with control
- to move in formation

Key Vocabulary: Dance

basic actions: there are five basic actions in dance: travel, jump, turn, gesture and stillness

mirroring: dancers reflect their partner's movements exactly

canon: movements are performed by one dancer then repeated by others

motif: a single movement or short movement phrase which reflects the dance idea

compose: to organise movements into dance phrases or whole dances

pathway: movement through space: straight, curved, zigzag

direction: where in space: forwards, backwards, sideways, diagonally

stepping pattern: the pattern of steps to perform a dance movement

dynamics: a description of how movements are carried out: quick, light, heavy, slow

stimulus: a starting point which initiates ideas for movement

level: low, medium or high

unison: all dancers performing at the same time

Dance elements and compositional ideas



performing an **action** or **motif** at a low, medium or high **level**



dancing steps or **motifs** at the same time, in **unison**



performing a step or **motif** one after another, or in **canon**



two dancers **mirroring** each other, reflecting movements

PE Skills Progression

In Year Three you were...

- starting to improvise freely on your own and with a partner
- beginning to translate ideas from a variety of stimuli into movement
- starting to compare, develop and adapt motifs to create longer dances

In Year Four you will...

- improvise freely on your own and with a partner
- translate ideas from a variety of stimuli into movement
- compare, develop and adapt motifs to create longer dances