



Coleman Primary School

Key Knowledge Organiser:

Year 6- Spring 1

PSHCE: Drugs

In this unit the children will discuss the use of drugs in a safe learning environment

Key Vocabulary

drug	Something a person can take to change the way they think, feel or behave.
legal drug	Substances such as caffeine, alcohol or over-the-counter medication, these may have age-restrictions.
Illegal drug	Substances that a person can be charged for if they possess it or supply it to someone else.
alcohol	A drug found in drinks such as beer and wine, measured in units. It is not needed for a healthy diet.
nicotine or tobacco	Nicotine is a drug found in tobacco and other products such as e-cigarettes/vapes. Nicotine and tobacco can make a person ill.
immune	Protected from an illness, either because a person has had the illness before or because they have received a vaccine.
virus	A small particle that can cause infections and/or cause people to feel ill
medicine	A drug or remedy that may be prescribed by a health professional or purchased over-the counter.
prescribed	advise and authorize the use of (a medicine or treatment) for someone, especially in writing.
recreational	done for enjoyment
media	the main means of mass communication.
portrayal	A description of someone or something in a particular way.
e-cigarette	electronic cigarette
vape	a device used for inhaling vapour containing nicotine and flavouring.
vaccine	A medical preparation that protects a person from an illness by making them immune

Images:



Knowledge:

- *To know what legal and illegal mean
- *To know the names of some legal and illegal drugs, e.g., paracetamol (legal), cannabis (illegal).
- *To know some of the ways that alcohol can affect the body, e.g., headache, behaving differently, liver damage.
- *To know some of the ways smoking can affect the body, e.g. lung damage.
- *To know that consequences for breaking the law include getting a criminal record and going to prison.
- *To know that cigarettes and alcohol are age-restricted and can only be bought by people over 18.
- *To know that peers can influence feelings, actions and consequences.
- *To know that the media can influence views on legal drugs.

Skills learned prior to this unit:

- recognise that people have needs for different medicines
- understand that all medicines have safety rules
- recognise that others can influence choices
- recognise the side effects of drugs/alcohol.

Skills learned this unit:

Health and wellbeing: Healthy lifestyles (physical wellbeing)

- H1.** how to make informed decisions about health
- H3.** about choices that support a healthy lifestyle, and recognise what might influence these
- H4.** how to recognise that habits can have both positive and negative effects on a healthy lifestyle

Keeping safe:

			<p>H10: how medicines, when used responsibly, contribute to health; that some diseases can be prevented by vaccinations and immunisations; how allergies can be managed</p> <p>H40: about the importance of taking medicines correctly and using household products safely (e.g. following instructions carefully)</p> <p>Health and wellbeing: Drugs, alcohol and tobacco</p> <p>H46: about the risks and effects of legal drugs common to everyday life (e.g. cigarettes, e-cigarettes/vaping, alcohol and medicines) and their impact on health; recognise that drug use can become a habit which can be difficult to break</p> <p>H47: to recognise that there are laws surrounding the use of legal drugs and that some drugs are illegal to own, use and give to others.</p> <p>H49. about the mixed messages in the media about drugs, including alcohol and smoking/vaping</p>
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