



# Coleman Primary School

## Year 3 Dance

### Solar System

#### Core task

Create and perform a dance individually, with a partner or a small group, based on the idea of 'solar system'. Make sure you use changes in speed, strength, level, direction and space in your dance.

#### Curriculum objectives

- Develop a broad range of skills.
- Link actions to make sequences of movement.
- Understand how to improve and evaluate own success.
- Develop flexibility, strength, technique, control and balance.

#### Progression

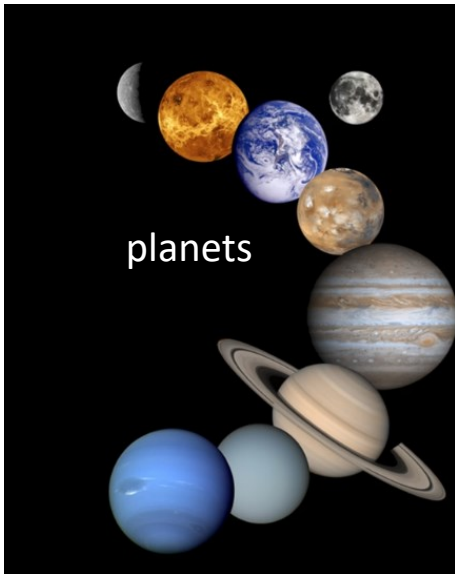
##### In Year 2 you were...

- Reacting to a stimulus such as fire (pictures, heat and shape) with quick/slow movements, large/small actions, as and individual and in groups.
- Showing starts and ends.

##### Year 3 Key concepts

- Experience a range of stimuli and accompaniment creating and performing different movement patterns, including those from different times, places and cultures.
- Make own dances with clear beginning/middle/end.
- Develop an understanding of different dance elements; control, coordination, poise, elevation; using simple compositional ideas.

#### Pictures



symmetrical



star shape

#### Key Vocabulary

<b>continuous</b>	without stopping
<b>stillness</b>	not moving
<b>travel</b>	movement from one place to another
<b>unison</b>	doing the same as your partner at the same time
<b>canon</b>	repeating what your partner does but afterwards
<b>symmetrical</b>	one side of the body does the same as the other. or two people match as in a mirror